

# BOSS

BETTER OPPORTUNITIES FOR  
SINGLE SERVICE MEMBERS

# MAY 2025

## What's Happening with BOSS

### May 2: CrossFit Class (1030–1200)

Work out with the BOSS team and learn the basics of CrossFit!

**Cost:** FREE

**Location:** Meet at the Warrior Zone at 0815 or at 1215.

**Registration:** Register through QR code, or the BOSS office.

### May 2: CPR Class (0900–1030 & 1300–1430)

Join us for a free CPR Class and earn your certification!

**Cost:** FREE

**Location:** Meet at the Warrior Zone at 0820 and at 1220.

**Registration:** Register through QR code, or the BOSS office.

### May 7: Cooking Class (1700–1900)

Learn the basics of cooking with the BOSS team and JBLM Libraries!

**Cost:** FREE

**Location:** Grandstaff Library

**Registration:** Register through QR code, or the BOSS office.

### May 8: How to build your BOSS Board (0630–1300)

Join us for a morning of Sports PT and a tutorial on how to build a BOSS board for your unit!

All unit BOSS reps are invited to join the BOSS team for lunch to follow!

**Cost:** FREE

**Location:** Meet at the Warrior Zone at 0945.

**Registration:** Register through QR code, or the BOSS office.

### May 14: Edible Garden (0900–1300)

**Cost:** Free

Learn to grow your own edible and self-sustaining garden!

**Location:** Meet at the Warrior Zone at 0815.

**Registration:** Register through QR code, social media, or the BOSS office.

### May 15: Performance Nutrition Class (1000–1100)

**Cost:** Free

Learn the fundamentals of nutrition, health, and performance!

**Location:** Meet at the Warrior Zone at 0945.

**Registration:** Register through QR code or the BOSS office.

### May 15: Community Meeting (1400–1500)

Let your voice be heard and see what's happening with BOSS in our monthly Community Meeting.

**Location:** Stone Education Center, 6242 Colorado Ave, JBLM-Lewis Main.

### May 16: Paint N Sip (1800–2000)

**Cost:** FREE

Come join us at our popular, monthly paint and sip. Bring your Friends!

**Location:** Meet at Warrior Zone at 1800.

**Registration:** Register through QR code, or the BOSS office.

### May 22: Twin Falls Hike (1100–1400)

Join BOSS for our first summer waterfall hike at Twin falls in North Bend, WA!

**Cost:** FREE

**Location:** Meet at Warrior Zone at 0945.

**Registration:** Register through QR code or the BOSS office.

## Continued

### May 24: Pottery Class (1500–1700)

Learn how to throw mud and create your own mug!

**Cost:** Free

**Location:** Meet at the Warrior Zone at 1415.

**Registration:** Register through QR code or the BOSS office.

### May 28: Bowling (1700–1900)

Join us for a fun afternoon of bowling.

**Cost:** FREE

**Location:** Meet at Warrior Zone at 1430.

**Registration:** Register through QR code, or the BOSS office.

### May 29: Kick Boxing (1000–1200)

Join us in learning the skill of kick boxing!

**Cost:** FREE

**Location:** Meet at Warrior Zone at 0945.

**Registration:** Register through QR code, or the BOSS office.

## Volunteer Opportunities

### May 1–15: Spring Clean Up, JBLM Post-Wide Clothing Drive

**Cost:** FREE

Clean out your closets of gently used clothing and help us give back to the Tacoma Community through Tacoma Rescue Mission!

**Location:** Drop sites at Warrior Zone, any Lewis Main Chapel, North Fort Chapel, Lewis Main PX and McChord BX.

**Drop off time:** 0930–1800

### May 6: Thrift Store (1000–1200)

**Cost:** FREE

Help us volunteer at the Fort Lewis Thrift Store.

**Location:** Meet at the Warrior Zone at 0930.

**Registration:** Register through QR code, social media, or the BOSS office.

### May 14: Lewis Army Museum (0930–1300)

**Cost:** FREE

Join the BOSS team in experiencing the Lewis Army Museum.

**Location:** Meet at the Warrior Zone at 0915.

**Registration:** Register through QR code, social media, or the BOSS office.

### May 17: Armed Forces Day (Time TBD)

Join the BOSS team at the annual JBLM Armed Forces Day and help us sell burgers and hotdogs!

**Cost:** Free

**Location:** Meet at the Warrior Zone at TBD

**Registration:** Register through QR code, or the BOSS office.

### May 19–23: BOSS Warehouse Clean-Out (1300–1600 Daily)

Help us clean out and organize our BOSS warehouse!

**Location:** Meet at the Warrior Zone at 1245.

**Registration:** Register through QR code, social media, or the BOSS office.

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BOSS events here!

